

## Your Mindset's Impact - Work it!

Of course, the first step is changing your mindset, and I don't want you to finish reading this book and then just know that you read it. I want you to make a significant change after reading each chapter individually and put to practice all of the concepts discussed. Your first task is working on your mindset. Refer back to chapter 1 if you need help filling this out. Good luck!

### Getting Personal

- Do you know what you want? What is it? Get specific!
  
- What do you think you cannot do? & why?
  
- Why do you choose **not** to do what you want? Yes, it's a choice.

### Mindset Change Chart

| Problem                       | Potential Solution                              | Action Plan   |
|-------------------------------|---|---|
| What seems to be the problem? | What are your options?<br>How can you solve it? | What steps will you take to get the results you want? |

## Feed Your Brain With Knowledge

Make a promise to yourself. Aim to learn more each day. Here's a simple guide that you can fill out **and follow** to make sure that you are getting the most out of the web. Yes, you will Google stuff. Time is an investment that you must make.

### Recommended Sites:

|                          |                   |                         |                            |                             |                            |
|--------------------------|-------------------|-------------------------|----------------------------|-----------------------------|----------------------------|
| <b>elennyfrometa.com</b> | <b>Forbes.com</b> | <b>Entrepreneur.com</b> | <b>Businessinsider.com</b> | <b>Thefinancialdiet.com</b> | <b>Rockstarfinance.com</b> |
|--------------------------|-------------------|-------------------------|----------------------------|-----------------------------|----------------------------|

### Recommended Learning Days

| <b>Money Monday</b>   | <b>Self-Improvement Tuesday</b>   | <b>Motivation Wednesday</b>   | <b>Talk Thursday</b>   | <b>Empowered Friday</b>  | <b>Career Saturday</b>  |
|---|---|---|--|--|---|
| Learn more about finance on Mondays. That way you will start off your week money-motivated and ready to make moves. | Decide what you can do to improve your wealth, skin, hair, body goals, family goals, fix your marriage, get a divorce, etc. Work on your damn self. | Read motivational stories, articles, books, quotes, look at pictures, and follow motivational figures on social media. Learn from them. | Podcasts! Listen to my podcast, Empowered Affluence, wherever you listen to podcasts, or find a podcast that you can learn from. | Grab a cup of wine or champagne after a long day. Grab this book and read it until you can write your memory. Okay, maybe not, but put what you learned into practice. | Visit the job board on <a href="https://elennyfrometa.com/jobs/">https://elennyfrometa.com/jobs/</a> to find your next dream job, or follow the tips on chapter 6 to get a raise. Work on it on Saturday. |

## Your Own Learning Schedule

| Mon. | Tue. | Wed. | Thur. | Fri. | Sat. | Sun. |
|------|------|------|-------|------|------|------|
|      |      |      |       |      |      |      |

## Learning From Failure

Okay, honey. This is where you turn your failures into successes. It is **perfect** to fuck up. The key to success making mistakes as long as you learn from them.

|                      |                      |
|----------------------|----------------------|
| <b>Failure Vault</b> | <b>Success Vault</b> |
|----------------------|----------------------|

Example: “I just wasted over \$1,245 dollars on a Facebook Ads campaign and didn’t make a dime!”

Success: “Well, I just learned that I suck at Facebook Ads and need to take some training before doing it again.”

### **Let’s Finish This With a Mantra**

“I will say ‘no’ without feeling crappy because people will talk regardless.”

“I will eat healthier and save money on food because of GOALS.”

“I will choose the best people to be with and stay away from the toxic ones.”

“I will maximize my income and manage my money like a pro because I will learn more every day.”

“I will read more. Knowledge is power, and I am powerful.”